

OBC LCM 2026: Session: 3: COACH evaluation sheet for TEAM: TZT

Coachinfo: Warming up from: 07:30 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Nuytten Stefanie HEADCOACH

Coaches: Backs Hubert

Coaches: Desmet Carl

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 16: 100M FREESTYLE MEN			Heat:9, starttime: 09:25
Heat: 9/10 Lane : 2 Athlete: CLAERHOUT BAS			Q-time: 00:51:67
PB (50m pool): 00:51.67 Antwerpen 22/03/2026			PB (25m pool): 00:50.70 SB: 00:51.67 Antwerpen 22/03/2026
	5 0 M	1 0 0 M	
PB	00:24.81	00:51.67	
	00:24.81	00:26.86	
			

Coach feedback:

Event number: 16: 100M FREESTYLE MEN			Heat:10, starttime: 09:27
Heat: 10/10 Lane : 5 Athlete: WAERNIERS BERE			Q-time: 00:50:29
PB (50m pool): 00:50.29 Antwerpen 22/03/2026			PB (25m pool): 00:49.44 SB: 00:50.29 Antwerpen 22/03/2026
	5 0 M	1 0 0 M	
PB	00:24.32	00:50.29	
	00:24.32	00:25.97	
			

Coach feedback:

Event number: 19: 50M BUTTERFLY WOMEN			Heat:4, starttime: 10:01
Heat: 4/8 Lane : 2 Athlete: LINSKENS ELLOISE			Q-time: 00:29:92
PB (50m pool): 00:29.92 Antwerpen 22/03/2026			PB (25m pool): 00:33.83 SB: 00:29.92 Antwerpen 22/03/2026
	5 0 M		
PB	00:29.92		
	00:29.92		
			

Coach feedback:

OBC LCM 2026: Session: 3: COACH evaluation sheet for TEAM: TZT

Event number: 19: 50M BUTTERFLY WOMEN							Heat:7, starttime: 10:04		
Heat: 7/8 Lane : 6 Athlete: DESMET LIEZE							Q-time: 00:28:31		
PB (50m pool): 00:28.31 Antwerpen 22/03/2026							PB (25m pool): 00:29.07 SB: 00:28.31 Antwerpen 22/03/2026		
	5 0 M								
PB	00:28.31								
	00:28.31								
									

Coach feedback:

Event number: 19: 50M BUTTERFLY WOMEN										Heat:8, starttime: 10:05																			
Heat: 8/8 Lane : 2 Athlete: DE BRUYCKER CHLOë																				Q-time: 00:28:54									
PB (50m pool): 00:28.54 Antwerpen 22/03/2026										PB (25m pool): 00:28.19SB: 00:28.54 Antwerpen 22/03/2026																			
	5 0 M																												
PB	00:28.54																												
	00:28.54																												
																													

Coach feedback:

Event number: 20: 50M BREASTSTROKE MEN										Heat:6, starttime: 10:12																				
Heat: 6/9 Lane : 6 Athlete: CLAERHOUT BAS																				Q-time: 00:30:89										
PB (50m pool): 00:30.89 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 00:30.34SB: 00:30.92 Antwerpen 22/03/2026																														
	5 0 M																													
PB	00:30.89																													
	00:30.89																													
																														

Coach feedback:

Event number: 20: 50M BREASTSTROKE MEN							Heat:8, starttime: 10:14		
Heat: 8/9 Lane : 4 Athlete: HUYGHELIER LOEK							Q-time: 00:28:01		
PB (50m pool): 00:28.01 Antwerpen 22/03/2026							PB (25m pool): 00:27.37 SB: 00:28.01 Antwerpen 22/03/2026		
	5 0 M								
PB	00:28.01								
	00:28.01								
									

Coach feedback:

OBC LCM 2026: Session: 3: COACH evaluation sheet for TEAM: TZT

Event number: 22: 50M BACKSTROKE MEN		Heat:3, starttime: 10:35
Heat: 3/7 Lane : 4 Athlete: KINDT LIAM		Q-time: 00:29:18
PB (50m pool): 00:29.18 Antwerpen 22/03/2026		PB (25m pool): 00:29.62 SB: 00:29.18 Antwerpen 22/03/2026
	5 0 M	
PB	00:29.18	
	00:29.18	
		

Coach feedback:

Event number: 22: 50M BACKSTROKE MEN		Heat:7, starttime: 10:41
Heat: 7/7 Lane : 7 Athlete: THONON MATISSE		Q-time: 00:27:89
PB (50m pool): 00:27.89 Zwembad Brigitte Becue 26/04/2026		PB (25m pool): 00:26.77 SB: 00:27.89 Zwembad Brigitte Becue 26/04/2026
	5 0 M	
PB	00:27.89	
	00:27.89	
		

Coach feedback:

Event number: 23: 100M FREESTYLE WOMEN		Heat:4, starttime: 10:47
Heat: 4/9 Lane : 7 Athlete: DARRAS NINA		Q-time: 01:00:75
PB (50m pool): 01:00.75 Antwerpen 08/03/2026		PB (25m pool): 01:02.52 SB: 01:00.75 Antwerpen 08/03/2026
	5 0 M	1 0 0 M
PB	00:29.77	01:00.75
	00:29.77	00:30.98
		

Coach feedback:

Event number: 23: 100M FREESTYLE WOMEN		Heat:5, starttime: 10:49
Heat: 5/9 Lane : 4 Athlete: DE BRUYCKER CHLOë		Q-time: 00:59:66
PB (50m pool): 00:59.66 Antwerpen 20/07/2025		PB (25m pool): 00:58.84 SB: 00:59.92 Charleroi 11/01/2026
	5 0 M	1 0 0 M
PB	00:28.81	00:59.66
	00:28.81	00:30.85
		

Coach feedback:

OBC LCM 2026: Session: 3: COACH evaluation sheet for TEAM: TZT

Event number: 23: 100M FREESTYLE WOMEN			Heat:5, starttime: 10:49
Heat: 5/9 Lane : 8 Athlete: GANTOIS JANNE			Q-time: 01:00:23
PB (50m pool): 01:00.23 Amersfoort 22/02/2026			PB (25m pool): 00:59.38 SB: 01:00.23 Amersfoort 22/02/2026
	5 0 M	1 0 0 M	
PB	00:28.92	01:00.23	
	00:28.92	00:31.31	
			

Coach feedback:

Event number: 23: 100M FREESTYLE WOMEN			Heat:7, starttime: 10:52
Heat: 7/9 Lane : 8 Athlete: LAMMENS MARY			Q-time: 00:59:11
PB (50m pool): 00:59.11 Antwerpen 08/03/2026			PB (25m pool): 00:58.24 SB: 00:59.11 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:28.64	00:59.11	
	00:28.64	00:30.47	
			

Coach feedback:

Event number: 23: 100M FREESTYLE WOMEN			Heat:9, starttime: 10:55
Heat: 9/9 Lane : 8 Athlete: DESMET LIEZE			Q-time: 00:58:68
PB (50m pool): 00:58.68 Zwembad Brigitte Becue 26/04/2026			PB (25m pool): 00:57.71 SB: 00:58.68 Zwembad Brigitte Becue 26/04/2026
	5 0 M	1 0 0 M	
PB	00:28.60	00:58.68	
	00:28.60	00:30.08	
			

Coach feedback: